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will hold our monthly central meeting on:

Tuesday
March 31, 2020

Social 6:30 p.m.

Meeting 7:00 p.m.

at

the University of Houston College of Optometry
in the Doctors of Texas State Optical lecture hall

Sponsored by:

Alcon A Novartis
Division

This month's Central program is titled:

“Retinal Conditions That Make You Think”

Unusual cases involving the retina will be presented. Cases will demonstrate how retina specialists diagnose and recommend treatment.

Diagnostic history that provides clues will be highlighted, and how multimodality imaging studies contribute to a diagnosis. Technologies to be discussed include color fundus photography, auto fluorescence and infrared imaging, OCT, OCTA, fluorescein and indocyanine angiograms, visual fields, and Amsler grid. Treatment options will be explored.

1 D/T CE hours

Presented by:

Helen K. Li, M.D., FAAO

Helen Li, MD is a vitreoretinal specialist and ocular oncologist fellowship trained at Wills Eye Institute, the University of Tennessee and Houston Eye Associates. Before founding Community Retina Group in Houston, Dr. Li practiced almost twenty years at the University of Texas Medical Branch, receiving numerous teaching awards from residents and fellows. Dr. Li was principle investigator at the National Eye Institute, industry and foundation sponsored research and clinical trials. She is currently a Clinical Associate Professor at Methodist Hospital/Weil Cornell Medical College, Adjunct Associate Professor at the School of Biomedical Informatics at UT Health Science Center and Adjunct Clinical Associate Professor at Thomas Jefferson University.

“Corneal Ulcer Overview”

This lecture will cover the diagnosing, treatment and prognosis of various corneal ulcers. Both infectious and non-infectious corneal ulcers will be discussed, as well as, the etiology of each. Taking an adequate patient history, performing proper clinical and slit lamp testing and the ordering of cultures will be covered to help clinicians diagnose more effectively.

Both topical and oral treatment methods will be discussed and what warrants an urgent referral vs a non-urgent case. Lastly, the prognosis of various ulcers and cases will be discussed including visually significant

scarring, irregular astigmatism formation, perforations and which scars may require corneal transplants.

1 D/T CE hours

Presented by:
Nisha Shah, M.D.

Dr. Shah earned her medical degree from the University of Miami Miller School of Medicine and completed her internship and residency at Tulane University in New Orleans. She completed a fellowship in cornea, external disease and refractive surgery at the Roski Eye Institute at the University of Southern California/Los Angeles County Hospital. Her clinical interests include comprehensive eye care, cataract surgery and macular degeneration to name a few. In her free time, Dr. Shah enjoys traveling with her husband, painting and tennis.

All HCOS Members attending this program will receive 2 hours of diagnostic/therapeutic CE, and dinner all for FREE. Non-member fee is \$35.

To register please reply directly to this email or go to <https://hcoshouston.org> or if you don't have access to a computer, telephone HCOS at 713-408-9060.

Directions to our meeting location at the University of Houston College of Optometry:

From downtown or HWY 45 N., exit Spur 5 South. Go thru the first traffic light at University Blvd., continue to Wheeler Street and turn right. Turn right onto Calhoun Rd. then turn right into the University Eye Institute patient lot located off of Calhoun St. on your right. **PULL A PARKING VOUCHER AND BRING INSIDE WITH YOU TO BE VALIDATED**

Additional parking is available for a fee in the Welcome Center Garage across the street from the UH College of Optometry. Enter the building through the door at the circle drive and continue down the hallway.

One of the privileges of membership in HCOS is access to our relief doctors list.

Please contact HCOS at 713-408-9060 if you need to find a fill-in doc, to be added to or removed from the relief list.

Thank you for allowing us to contact you by email. I hope to see you at the meeting.

Elizabeth May, OD
President: Harris County Optometric Society, Inc.